

## New Faculty Spotlight by Debora Robinett



Debora Robinett, M.A., R.D., C.D., is the President of the Health Enhancement Corporation and brings to her practice more than 30 years of experience

as a professional, wife, mother of three and involved community leader.

She holds a Bachelor of Science in Foods and Nutrition from Oregon State University, maintains her dietetic credential through the American Dietetic Association and earned her Masters of Arts in Organizational Behavior from

Pacific Lutheran University.

Debora teaches practical skills and useful strategies for happy, healthy living. From custom nutrition plans and detoxification to personalized health counseling and professional education, Debora's lunchbox includes something for everyone.

Her mantra is functional health. Habits integrate with your lifestyle for improved ... everything.

Smile more, feel great, live longer.

Feathers in her cap include interviews with *The Wall Street Journal*, *Bicycling*,

*Fitness and Therapy Times*. She's worked with the Pierce County Safety Council, Port of Tacoma, the Western Washington Fair, the Governor's Industrial Safety and Health Conference, Regence BlueShield, local colleges and many private businesses.

Debora is the author of *Your Heart Diet Made Simple*.

In her spare time, she enjoys golfing, skiing, dancing, travel and time with her friends and family.

And remember, you are what you eat. 😊

[www.deborarobinett.com](http://www.deborarobinett.com)